



AMERICAN INSTITUTE
OF SAFETY PROFESSIONALS

● CERTIFIED COURSE



COURSE CODE • 6104

CERTIFIED SAFETY & HEALTH TRAINER

CSHT

Plan, deliver and evaluate occupational health and safety training that is engaging, compliant and outcome-driven.

15

Courses in one program

40

Minimum contact
hours

70%

Pass mark, final online
exam

3 yrs

Credential renewal cycle

COURSE OVERVIEW

A professional certification that develops competent safety trainers, able to plan, deliver and evaluate effective occupational health and safety training across diverse work environments.

Grounded in adult learning principles, instructional design and the training requirements of OSHA 29 CFR 1910 and 1926, the program turns safety practitioners into confident safety instructors. Trainers learn to translate technical requirements into clear, practical learning for workers and supervisors, deliver toolbox talks and inductions that genuinely engage, and measure whether training has changed behavior on the job.

Completion signifies professional competence in occupational safety training: the ability to design and deliver training that reinforces safe work practices, supports leadership development and builds a positive safety culture.

CORE COMPETENCIES



Assess training needs

Identify skill gaps and the regulatory training each role requires



Design structured programs

Apply adult learning principles and instructional design



Deliver engaging instruction

Lead classroom sessions, toolbox talks and workplace briefings



Facilitate safety committees

Drive engagement and shared ownership of safety



Control hazards & risk

Hazard identification, job hazard analysis and risk assessment



Prepare & investigate

Emergency preparedness and incident investigation

WHO IT'S FOR

Safety officers

Safety coordinators

Supervisors

HSE instructors

Consultants

Training professionals

Ideal for anyone delivering safety training, toolbox talks, inductions and refresher programs.

AT A GLANCE

15

Courses

40

Contact hours

70%

Pass mark

3 yrs

Renewal cycle

PROGRAM OUTCOMES

Improves

workforce knowledge

Supports

regulatory compliance

Reduces

workplace incidents

Enhances

organizational safety performance



WHAT YOU'LL LEARN

On successful completion, participants gain comprehensive knowledge and applied competencies across the critical domains of occupational safety and health training.

15

Courses

6

Learning tracks

40

Minimum contact hours

#	COURSE TITLE	CODE
	BECOMING A TRAINER	TRACK 01
01	Introduction to Occupational Safety and Health Training	2014
02	Train The Trainer – Occupational Safety and Health	6120
03	Developing Occupational Safety and Health Training	2016
04	Conducting Occupational Safety and Health Training	2017
	ENGAGING YOUR WORKFORCE	TRACK 02
05	Effective Occupational Safety and Health Committee Meetings	2012
06	Safety Trainings for Managers and Workers	2057
	HAZARD & RISK CONTROL	TRACK 03
07	Job Hazard Analysis (JHA)	2015
08	Hazards Identification and Risk Assessment	2058
	EMERGENCY READINESS	TRACK 04
09	Emergency Action Plans (EAP)	2013
10	Fire Prevention Plans and Fire Protection	2022
11	Planning Workplace Emergencies	2068
	INCIDENT INVESTIGATION	TRACK 05
12	Incident Investigation & Root Cause Analysis	2089
13	Effective Incidents and Accidents Investigation	2100
	SAFETY LEADERSHIP	TRACK 06
14	Safety Leadership and Supervision	2052
15	Foundations of Safety Leadership	2091

INSTRUCTIONAL DESIGN

Structured eLearning with clear explanations, visual illustrations and scenario-based examples, supported by official reference books you keep after completion.



Online eLearning

Delivered through the AISP Student Dashboard (LMS)



40 Hours

Contact hours



Self-Paced

Study at your own pace with official reference books, downloadable from the Student Dashboard and yours to keep



Lifetime Access

Your course materials remain available in your Student Dashboard after completion

 **Language:** All course materials, reference books and examinations are delivered in English, Spanish, German and Arabic. Reference books are provided as downloadable PDFs.

FINAL EXAMINATION

1

Score 70% or higher

Complete a timed, open-reference online examination taken through the Student Dashboard, drawn from a structured question bank.

2

Retake if needed

If you do not pass first time, further attempts are available. A short review period applies between attempts so you can revisit the course material.

3

Earn your certificate

A passing score confirms your eligibility for the Certificate of Completion. Once passed, the exam cannot be retaken to improve the score.

3

YEARS

CREDENTIAL RENEWAL

Complete a refresher course and examination every three years to keep your certification active. Renewal fees are listed on the course page.



WHAT YOU RECEIVE

Sample documents shown ·
personal details redacted



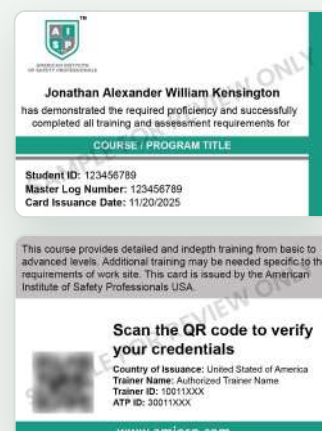
Certificate of Completion

Issued as a digital certificate (PDF) with QR verification. If you select the Hardbound Certificate, a printed copy is also posted to you.



Official Student Transcript

Records your course, training hours and result.



Wallet Card

Portable proof of your credential on site, verifiable by QR code.

All three are issued by American Institute of Safety Professionals LLC, USA and can be verified by any employer at amiosp.com/student-verifications

COURSE FEES

Two certificate options

Digital Certificate

Issued as a PDF, with QR verification

Refer to website for prices →

Hardbound Certificate

Printed and posted to you, and includes the digital certificate

Refer to website for prices →

Shipping and handling for the hardbound option is not included in the course fee. It is calculated according to the delivery address and invoiced separately once the certificate is ready to dispatch.

Payment assistance
accounts@amiosp.com

THE AISP ADVANTAGE WHY CHOOSE US?



Employer-verifiable worldwide

Every credential carries a unique Master Log Number and QR code, verifiable online by any employer



Fast-track online learning

Tailored for busy professionals



Industry-relevant content

Aligned with current safety standards



Expert-developed curriculum

Written by instructors with hands-on field experience



Trusted by employers

Used by safety professionals across industries internationally

YOUR CAREER IN NUMBERS

This certification builds safety training skills. The figures below show United States earnings for occupational health and safety technicians, the role this training supports. They are published labor market data, not an indication of earnings following this certification.

\$68,120

Mean annual wage

\$61,560

Median annual wage

30,590

Employed nationwide



PAY IN THE LARGEST EMPLOYING SECTORS

Transportation and warehousing	\$61,080
Manufacturing	\$72,750
Professional & technical services	\$69,900
Construction	\$76,460
Government	\$69,320



TOP-PAYING INDUSTRIES

Local government	\$71,050
Warehousing and storage	\$61,270
Management & technical consulting	\$60,200



HOURLY WAGE RANGE

10th percentile	\$22.25
25th percentile	\$25.22
Median	\$29.59
75th percentile	\$37.91
90th percentile	\$48.15



INDUSTRIES WITH THE MOST JOBS

Warehousing and storage	8,350
Management & technical consulting	2,140
Local government	1,440
Management of companies	910
General medical & surgical hospitals	790

Source: U.S. Bureau of Labor Statistics, Occupational Employment and Wage Statistics, May 2025 (SOC 19-5012). United States only; excludes self-employed workers. Earnings vary by experience, location and employer; no salary is guaranteed.

FREQUENTLY ASKED QUESTIONS

Quick answers about the program, the final exam and your certification.



STILL HAVE QUESTIONS?

GENERAL
info@amiosp.com

PAYMENTS
accounts@amiosp.com

CALL
+1 (689) 286-3561



ABOUT THE PROGRAM

Q01

Who is this program for?

Safety officers, coordinators, supervisors, HSE instructors, consultants and anyone who delivers safety training.

Q02

How is the course delivered?

Online through the AISP Student Dashboard (LMS), with official reference books to download and keep, and lifetime access to your course materials.

Q03

How long does it take?

A minimum of 40 contact hours. The course is self-paced, and most learners finish within one month.



EXAM & RESULTS

Q04

What score do I need to pass?

A minimum of 70% on a timed, open-reference online examination taken through the Student Dashboard.

Q05

When will I receive my results?

Immediately, by email to your registered address.

Q06

What if I don't pass first time?

Further attempts are available. A short review period applies between attempts so you can revisit the course material.



CERTIFICATION & FEES

Q07

What do I receive?

A Certificate of Completion, an official Student Transcript and a wallet card, all with QR verification. The Hardbound Certificate includes a printed copy posted to you in addition to the digital certificate.

Q08

Does the certification expire?

Renew every three years with a refresher course and exam.

Q09

How much does it cost?

Prices for the Digital and Hardbound Certificate are on the [program page](#). Hardbound shipping is calculated by delivery address and invoiced separately.



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ENROLL TODAY

READY TO BEGIN?

Advance your safety career with confidence. Enroll in the Certified Safety and Health Trainer (CSHT) course and become a leader in occupational safety training.

ENROLL AT [AMIOSP.COM](https://www.amiosp.com) →

CONTACT US

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